

## MAY IDEAS

Get outside and play as much as possible!

Have Fun staying active! Miss you guys!

I'd love to hear about or see pictures of you being active

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Optional Activities if you're bored.....

### Would You Rather? (9 min video)

<https://www.youtube.com/watch?v=1vsS0Eiqg-4&feature=youtu.be&fbclid=IwAR0V1nca6-mzYMc8DDYCuymAKBV4Rp1TNbTaE4YYRGBoV9OI2vRrylVrRH0>

### Quarantine Ball Skills (3 min video)

<https://www.youtube.com/watch?v=vroByuXOv8M&fbclid=IwAR2lckuTN-s7t0EG9VeYmyoQ7GM3O8OWxyPuDrGFu-kbg7JgI-Rq3zUS28>

### Coin Flip Craze (6 min video)

[https://www.youtube.com/watch?v=61h4j-BNsmw&feature=youtu.be&fbclid=IwAR227f\\_2VildGAN\\_fi5a\\_PdLgaHd9UsWDItf\\_1gpwLtBDBGxyuS8pYTnmyA](https://www.youtube.com/watch?v=61h4j-BNsmw&feature=youtu.be&fbclid=IwAR227f_2VildGAN_fi5a_PdLgaHd9UsWDItf_1gpwLtBDBGxyuS8pYTnmyA)

### Snack your colors (print worksheet)

Keep track of the colorful fruits & vegetables that you eat for a week.

<https://dole-assets.s3.us-east-1.amazonaws.com/at-home-resources/pdfs/Dole-Snack-Your-Colors-Chart.pdf>

